



### Poisons

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Read through the information on the fact sheet **Poisons**.

There are lots of things that can be poisonous but one of the most common types of poison in our homes is from food. You can get food poisoning if your food contains germs (like some kinds of bacteria). Usually our body reacts by making us feel ill.

You can avoid some types of food poisoning. Make sure:

- plates and cutlery are clean and your hands are washed
- food is correctly stored or refrigerated
- food isn't out of date
- food is cooked properly.

Use the internet, books or a dictionary to find out more about bacteria:

1. What are bacteria?

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2. How can they be harmful to our body?

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3. How we can protect ourselves from them?

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### Challenge:

Find out about the work of famous scientists who have helped us fight illness and disease by studying bacteria – like Edward Jenner, Alexander Fleming or Louis Pasteur.