

A to B

Aerosol spray	A can or bottle that produces a fine spray of liquid (e.g. air freshener)
Absorption	To absorb or take something into the body (e.g. through the skin)
Accident	Something that happens unexpectedly
Accident and Emergency Department	The department of a hospital that initially deals with injuries and illnesses that need immediate treatment
Airway, Breathing Circulation (ABC)	Important first aid procedure involving clearing the airway, checking for breathing and performing CPR to aid blood circulation
Alcohol	Drinks like beer and wine, which can poison the blood; rubbing alcohol can also be used to disinfect wounds
Allergic reaction	A body's sensitivity to certain substances when eaten, touched or breathed in, causing pain or suffering
Ambulance	An emergency service dealing with treatment and transportation to hospital of injured and ill people
Analyse	Examine something in detail to work out the meaning
Anaphylactic shock	An extreme, life-threatening allergic reaction (e.g. to a bee sting or food allergy)
Antiseptic	Something that prevents infection
Audit	A thorough check or inspection
Bacteria	A micro-organism that can cause disease or illness
Bandage	A special cloth for wrapping up wounds or fractures
Banister	The safety handrail for holding when going up or down stairs
Barbecue	A type of outdoor cooker
Blade	The sharp, flat part of a tool, used for cutting
Blister	A small, round swelling of the skin, containing fluid, caused by rubbing or burning
Boiling	When a liquid is so hot that it bubbles
Break	Split into pieces, smash or stop working
Broken collarbone	A fracture of one of the bones joining the shoulders to the ribs
Bruise	An injury to the soft tissue or bone under the skin, which makes the skin discoloured

B to C

Burnt	Damaged, hurt or destroyed by heat or fire
Cables	Cords that carry electricity
Campaign	A series of actions designed to achieve a goal
Campylobacter	A type of bacteria that can cause food poisoning
Carbon monoxide	A gas that poisons the lungs (that can be released by faults in boilers and gas appliances)
Carbon monoxide poisoning	Poisoning of the lungs from the gas carbon monoxide, which can be released by faulty boilers
Cardiac arrest	Failure of the heart, stopping blood circulation
Cardio-pulmonary resuscitation (CPR)	An emergency first aid procedure that forces the heart and lungs to work manually
Cause	To make something happen
Chemicals	Solids, liquids or gases that can be poisonous to breathe in, touch or swallow
Chemical burn	Damage to skin tissue as a result of chemicals
Chemical poisoning	Harm to the body due to swallowing, touching or breathing in chemicals
Childproof lid	Lid designed to make it difficult for children to open
Child-friendly	Safe or suitable for children
Chip fryer	Device for cooking chips using hot oil
Chisel	A tool with a handle and a wedge-like blade
Choking	A blockage of air reaching the lungs
Cigarette	A roll of tobacco that can poison the lungs and can start a fire if not put out
Circuit breaker	A safety device that switches off the flow of electricity if there's an electrical fault, reducing the risk of electric shock
Coastguard	An emergency service that deals with emergencies at sea
Collapse	Fall down
Compression	Applying pressure
Concussion	A mild injury to the brain, usually from a blow or jolt to the head

C to D

Conductive	Allows heat or electricity to flow through it easily
Consequence	Result of something happening
Conscious	Aware of what's happening
Coordination	Effective movement
Cordless	Electrical devices that work without a cable and plug
Corrosive	Causing damage (e.g. to the skin)
Cracked ribs	A crack or fracture to the rib bones
Crockery	Dishes, bowls, cups and plates
Cut	Split with something sharp
Cutlery	Knives, spoons and forks for eating
Clippers	A gardening tool with sharp blades for cutting
Damaged	Broken or not working
Dangerous	Not safe
Dangers	Things that can cause harm
Dehydration	Sickness resulting from lack of liquid
Demonstrate	Show someone how to do something
Device	A thing used for a particular purpose
Diarrhoea	Repeated liquid bowel movements (e.g. as a result of food poisoning)
Disabled	Lacking one or more physical ability
Disease	Illness or sickness caused by germs
Disinfectant	Something that restricts the spread of micro-organisms that carry disease
Disfigurement	Deformity or spoilt appearance
Disposable	Designed to be thrown away after use
Distraction	Something that takes someone's attention
Dosage	The amount of medicine that should be taken
Drowning	Death caused by liquid filling the lungs and preventing breathing

E to F

E.coli	A type of bacteria that causes intestinal disease
Edible	Able to be eaten safely
Electric current	A flow of electricity
Electric shock	Physical reaction to electrical current passing through the body – can cause heart failure and death
Electric socket	The area on the wall where electrical plugs are inserted to connect to the house's power supply
Electrical fire	Fire caused by electrical equipment
Electrocution	Electrical current passing through the body, which can cause heart failure or death
Elevation	Raising something up
Emergency	A sudden situation that involves danger or injury
Emergency Services	People like the Police, Ambulance or Fire and Rescue Service, who deal with situations like fires, car crashes and injuries
Equipment	Things used for a particular purpose
Fall	When someone or something drops to the ground
Fan heater	An electric heater that blows out hot air
Fire alarm	A device that creates a loud noise to warn of fire
Fire and Rescue Service	An emergency service trained to put out fires and rescue people from emergency situations like car crashes
Fire blankets	Sheets of fire-resistant material used to put out small fires
Fire escape plan	A plan showing the best way to get out of a building if there is a fire
Fire extinguisher	A device used to put out small fires using chemicals
Fire guard	A screen placed over an open fire to stop sparks
Fire hazard	Something that is likely to start a fire
Fire retardant	A liquid that reduces the likelihood that something will catch fire
First aid	Medical treatment given in an emergency, before professional medical care
First-degree burn	A burn affecting the upper layer of skin only

F to J

Flammable	Can easily be set on fire
Food poisoning	A type of poisoning caused by eating food that's poisonous (e.g. some berries and mushrooms), unclean, not fresh or not cooked properly
Food Standards Agency	A government department responsible for public health concerning food
Fracture	A break (e.g. of bones)
Garden strimmers	An electrical device used for trimming grass
Germ	Living cells that can cause illness and disease
Hair straighteners	Device used to straighten hair, using hot metal plates – can burn or start a fire
Hazard	Something that poses a risk or danger
Hazardous	Dangerous
Heart attack	A sudden blockage to the supply of blood and oxygen to the heart, sometimes causing death
Heat	To make warm or hot
Height	How tall or high something is
Haemorrhage	Severe loss of blood
Hoax	A prank or deliberate attempt to deceive
Holly	A plant with poisonous red berries
Hygiene	Promoting health
Implement	A tool or instrument
Infection	An invasion of disease-causing micro-organisms
Injection	Putting liquid into the body tissue or blood using a needle
Injury	Hurt to the body
Ingestion	Swallowing or eating something
Inhalation	Breathing something in
Irritant	Something that irritates or inflames part of the body
Jagged	Sharp, rough and pointed

J to P

Joint dislocation	When the bones in a joint become incorrectly positioned (usually through a sudden impact)
Label	Information found on foods, appliances, bottles, etc on how to use the product safely
Laceration	'Jagged' cuts in which the skin tissue has been torn
Ladder	Structure with parallel rungs for climbing
Machine	An invention that performs a particular task
Medicines/medication	Drugs used to treat disease or improve health. It can poison if it's out of date, if too much is taken or if it's prescribed for someone else
Microwave oven	A cooking device that heats food quickly using electromagnetic waves
Mould	What grows on food when it is old or spoilt
Muscle spasm	An automatic pulling or tightening of a muscle
National Health Service (NHS)	The UK's healthcare system
Needle	Thin, sharp piece of metal used for sewing
Non-conductive	Doesn't allow heat or electricity to flow through it
Ornaments	Objects used for decoration
Out of date	Something that is beyond its use-by date (e.g. food may be unhygienic to eat if it's out of date)
Oven gloves	Padded kitchen gloves to protect the hands from hot items
Overloaded sockets	Too many plugs in one electrical socket – an electrical hazard and fire risk
Permanent	Lasting forever without changing
Paramedic	A medical professional trained to treat injured people before they reach hospital
Pilot light	A small gas flame used to ignite a boiler. If there's a fault, it may burn yellow or orange.
Poisoning	Physical harm caused by touching, swallowing or breathing in a poisonous substance
Poisonous	Something that can cause harm if it's touched, swallowed or breathed in

P to S

Police	A public service dealing with crime prevention and public safety
Potential	Capable; if something is potentially dangerous, then danger is possible
Power tools	Tools that work with electricity
Prescribed medicine	Medicine recommended for a particular person by a medical professional
Preventable	Able to be stopped from happening
Procedure	A way of carrying out a task
Puncture	Piercing of the skin (e.g. with a needle)
Radiate	To send out – light or heat
Radiation	A stream of radioactive energy that can harm or kill people if they're exposed to it
Radiator	Heating device containing hot water or steam
Radioactive	Something giving off rays that can be dangerous, even in small amounts
Rash	Spots or patches of different texture or colour appearing on the skin
Raw	Not cooked
Reconstructive surgery	An operation designed to restore part of the body that has been damaged
Refreeze	To put thawed out food back in the freezer
Residual Current Device (RCD)	A safety device designed to stop an electrical current if a fault is detected, reducing the risk of electric shock
Restrict	To limit something
Risk	A situation or action with the potential to cause harm
Safe	Not in danger
Salmonella	A type of bacteria that cause food poisoning
Scald	A type of burn caused by hot steam or liquid (e.g. boiling water, oil)
Scalpel	Small sharp blade used for cutting with precision (e.g. in model building)
Second-degree burn	A serious burn affecting the first and second layers of skin
Secure	Safe or sturdy
Shards	Sharp pieces (e.g. of glass)

S to T

Sharp	Describes something that can prick or cut the skin
Slip	Slide accidentally
Slipped disc	When the disc of cartilage between vertebrae moves out of place, pinching the spinal nerve and causing severe pain
Smoke alarm/detector	A device that gives a warning sound if it detects smoke – all houses should have one on every level of the house
Smoke inhalation	Damage to lungs or death caused by breathing in smoke
Sparkler	Type of handheld firework – should be held well away from eyes
Sprain	Damage to a ligament (the tissue that holds bones together)
Stepladder	A ladder or stool with folding steps for standing on to reach high things
Stop, drop and roll	Safety procedure for when someone’s clothing catches fire
Strain	Damage to a muscle or tendon (that binds muscles to bones)
Strangulation	The act of squeezing the wind pipe so no oxygen can get through to the lungs, which causes death
Sturdy	Built strongly and stable so it won’t fall
Suffocation	Restriction or prevention of breathing
Sunstroke	A medical condition where the body overheats and can’t control its temperature
Superficial wound	An injury on or near to the skin’s surface
Switch	Device designed to allow or cut the flow of electricity
Symptom	Evidence that something is wrong
Temperature	A measure of heat
Tetanus	An infection caused by bacteria from the soil
Thermostatic Mixing Valve	A safety device that makes sure that hot water doesn’t get hot enough to scald
Third-degree burn	The most serious type of burn, affecting the skin and sometimes organs and bones
Thorns	The sharp prickles on a plant
Threadbare	When carpet is worn thin, with loose threads, and can be slippery

T to W

Tissue damage	Damage to the cells of the body
Toiletries	The liquids and creams we use for washing and grooming (e.g. deodorant, toothpaste)
Toxic	Poisonous
Toxins	Poisons produced by a living thing
Trip	A fall as a result of catching the foot on something
Twisted ankle	Another word for a sprained ankle, where the ankle ligaments are damaged or bruised through a sideways or twisting movement
Unattended	Not looked after or watched
Unconscious	Not being aware of something, as if in deep sleep
Uneven	Not level
Unintentional	Not deliberate
'Use by' date	The recommended date by which you should use or eat something
Visibility	How easy it is to see
Vomiting	Ejecting or throwing up the stomach's contents through the mouth
Weed killers	Poisonous liquids for killing weeds
Witness	Someone who sees something happening
Wound	A cut, graze or tearing of the skin