

Gardens

A garden is a piece of land next to a building which is usually cultivated. A garden can have many things in it that are natural (soil, rocks and plants) or man-made (patios, decking, paving, paths, etc), as well as living mini beasts, birds, animals and fish!

Things you might see in a garden:

Plants/vegetation – grass, flowers, trees, shrubs and weeds.

Greenhouses – these help plants survive by keeping the cold weather out. New seedlings can also be planted and kept in a greenhouse until they have grown stronger, so that they are protected from frost, as the glass enhances the heat of the sun.

Patios, paths/terraces – these can help people to walk in the garden and also to make the garden look attractive.

Animals and minibeasts – these can be found in many different habitats within the garden, such as ponds, streams, compost heaps, underground, trees and plants.

Fruit and vegetables – growing your own is a great way of eating healthily and saving money.

Artichokes, beetroot, blueberries, carrots, cucumber, leeks, onions, peas, potatoes, pumpkin, rhubarb, strawberries and many other fruits and vegetables can all be grown in British gardens.

Why don't you go and explore what you have/can find in your garden?

Did you know?

During World War II every gardener or land owner in England was asked to '**Dig for Victory**' by turning their gardens into allotments for growing their own fruit and vegetables. This meant that families and whole neighbourhoods could eat healthily and, by 1943, over a million tonnes of vegetables were being grown this way.

After the war people were still encouraged to grow fruit and vegetables, but with the introduction of modern day supermarkets this sustainable way of living has declined.

Today nearly half of all vegetables and over 90% of all fruit is imported from other countries, instead of being grown in the UK. If people started to grow their own fruit and vegetables they would be working towards a sustainable lifestyle, and they would save money on food shopping.