

TRAVEL: Sustainable Travel

List all the journeys you make in a week and the approximate distance of each. Indicate your mode of transport for each and, in the final column, illustrate how you could alter this to be more sustainable (see example below).

JOURNEY (FROM/TO)	DISTANCE	MODE OF TRANSPORT	ALTERNATIVE
Home to school	4 miles	Car	Cycling, walking, bus or car sharing

Set four goals showing how you could use a more eco-friendly mode of transport for your journeys in a given week. What would you change?

- Goal 1: _____
- Goal 2: _____
- Goal 3: _____
- Goal 4: _____

Review this after two weeks. Did you achieve your goals? Discuss with your classmates how they feel they did.