

Energy Costs

Power is not free. Food, gas and electricity all cost money!

Our lives would be very different if we couldn't afford power – for our houses, our cars and our bodies.

Food is a source of power or energy for our bodies.

The average monthly food bill for a family of four can be as much as £400 - £600.

Electricity and gas are sources of power or energy for our homes.

An average monthly electricity bill for a family of four can be as much as £55. An average gas bill could be as much as £75.

Petrol is an energy source for cars, vans and buses.

Petrol for a car can cost as much as £1.13 per litre and an average car holds around 55 litres.

