

### CURRICULUM LINKS (12 TO 14)

#### ENGLAND KS3 – NATIONAL CURRICULUM

Links to the National Curriculum for PSHE: Personal Wellbeing (Department of Education)

LEARNING OUTCOMES	Fact sheets	Work sheets	Interactives
<b>Personal wellbeing</b>			
1.2a Recognising that healthy lifestyles, and the wellbeing of self and others, depend on information and making responsible choices.	All	All	✓
1.3a Understanding risk in both positive and negative terms and understanding that individuals need to manage risk to themselves and others in a range of situations.	All	All	✓
1.3b Appreciating that pressure can be used positively or negatively to influence others in situations involving risk.	All	All	✓
1.3c Developing the confidence to try new ideas and face challenges safely, individually and in groups.	All	All	✓
2.1f Develop self-awareness by reflecting critically on their behaviour and its impact on others.	All	All	✓
2.2a use knowledge and understanding to make informed choices about safety, health and wellbeing	All	All	✓
2.2c Assess and manage the element of risk in personal choices and situations	All	All	✓
2.2e Know when and how to get help		WA7	
2.2f Identify how managing feelings and emotions effectively supports decision-making and risk management.		WA6	
3g Ways of recognising and reducing risk, minimising harm and getting help in emergency and risky situations	All	All	✓
3h A knowledge of basic first aid	Covered in KS4 resources		
3l The roles and responsibilities of parents, carers and children in families	All	All	✓
4a Make real choices and decisions based on accurate information obtained through their own research using a range of sources, including the internet, other media sources and visits/visitors to and people from the wider community	All	All	✓

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4c	Use case studies, simulations, scenarios and drama to explore personal and social issues and have time to reflect on them in relation to their own lives and behaviour	All	WA4, WA6	✓
4d	Take part in individual and group discussion to consider personal, social and moral dilemmas and the choices and decisions relating to them			✓
4e	Work as members of groups and teams, taking on different roles and responsibilities		WA5	✓
4g	Identify sources of help and support and take responsibility for providing accurate information to others		WA7	
<b>Physical Education</b>				
	Develop their knowledge of safe practices and procedures when taking part in sport and physical activity	All	All	✓