



Work sheet 14-16 | Learning from Olympians

Sports Abroad

To be an Olympic winner, you need to have ambition and to develop the right skills and attitude.

Although, Ethiopia is a very poor country and, as the statistics show, can only offer its people limited schooling with none of the advantages we have here in the UK, young people growing up there are ambitious and willing to walk or run miles to get to school. When there, they are eager to work hard to achieve their dreams of being doctors, nurses, engineers, accountants, pilots or other professionals.

Despite the conditions in some countries people still become Olympic champions. What skills do you think they need to have?

Now think about yourself, how do you compare? What employability skills do you have?

- Problem solving/ decision making
- Responsibility
- Teamwork
- Communication
- Dependability
- Repsonsibility
- Business awareness
- Information Technology (IT)
- Enthusiasm and motivation
- Numeracy
- Adaptability and flexibility
- Commitment

My skills	Examples	Actions to improve
e.g. Responsibility	captain of team	get re-elected
Business awareness	work experience	another week this year
Dependability	volunteering	give more hours
Numeracy	past test/exam	do more homework

There is no denying you have the opportunity in this country to develop many skills that employers are looking for, which ones are you going to work on?